



Trek4Vets

March4Rememberance

WAIVER & RELEASE FORM

We are aware that physical exercise can be strenuous and participants risk serious injury, we therefore urge you to undertake a physical examination with your doctor prior to using any exercise equipment or participating in any exercise activity.

You agree that you are voluntarily participating in this activity and assume all risks of injury, illness, or death. We are also not responsible for any loss of your personal property.

You acknowledge that you have carefully read this “waiver and release” and fully understand that it is a release of liability.

You expressly agree to release and discharge Trek4Vets/March4Rememberance, the trainers and/or instructors from any and all claims or causes of action and you agree to voluntarily give up or waive any right that you may otherwise have to bring a legal action against the trainer, instructor and/or Trek4Vet//March4Rememberance for personal injury or property damage.

To the extent that statute or case law does not prohibit releases for negligence, this release is also for negligence.

If any portion of this release from liability shall be deemed by a Court of competent jurisdiction to be invalid, then the remainder of this release from liability shall remain in full force and effect and the offending provision or provisions severed here from.

By signing this release, I acknowledge that I understand its contents.

Signature:

Full Name:

Date:

Email:

Mobile: